

My NICU Network



National Perinatal
Association



Patient+Family
Care



NICU Parent
Network

Annual Refresher:

Review and Update of the
Original Caring for Babies Program

This 2-course program is designed to help NICU nurses maintain annual competencies in caring for babies and their families by providing psychosocial support.

WWW.MYPERINATALNETWORK.ORG

About the Program:

This program is designed to reinforce learning and skills obtained in the original Caring for Babies Program, and can be used as part of your NICU's annual nursing competencies. It reviews and emphasizes the main points covered in the original 7-course program, covers some new content, includes updated bibliographies as well as a new feature, Interactive Cases.

Continuing education credits provided by



Program Objectives

- Describe two principles and techniques of communication that can be used to help support NICU parents.
- Identify three Potentially Better Practices for how NICU staff, including NICU Mental Health Professionals (NMHP) can provide emotional support in the NICU.
- Describe two benefits of peer-to-peer support provided by mentor NICU parents to current NICU parents.
- Define three ways to involve and empower NICU parents in the care of their baby during their NICU stay.
- Define two ways in which NICU parents can be supported during the discharge process and beyond.
- Identify three benefits of palliative and bereavement care programs to both families and staff.
- Define three ways in which NICU caregivers can be supported by colleagues and supervisors, and engage in habits to help maintain work-life balance.

PROGRAM CONTENT



WHY PARENTS NEED EMOTIONAL SUPPORT AND HOW YOU CAN PROVIDE IT

CEUs offered: 1

The distress that NICU parents face, and their needs for emotional and psychosocial support, are reviewed. Foundational elements of communication with NICU parents are then reviewed, as well as how these techniques can be used to support the mental health and well-being of both parents and their babies.



COMPREHENSIVE FAMILY & STAFF SUPPORT

CEUs offered: 1

This course reviews the highlights of the five remaining topics from the original course: Peer support, family-centered developmental care, discharge planning & follow-up support, palliative and bereavement care, and supporting staff as they support families

FACULTY

Sue L. Hall, MD, MSW, FAAP

Neonatologist, St. John's Regional Medical Center, Oxnard, CA.

Sara Mosher, RN, MHA

NICU Nurse and Founder of Patient+Family Care, Bend, OR.

Keira Sorrells, BSFCS

Preemie Parent and Founder and Executive Director of the NICU Parent Network, Jackson, MS.

COST

- RNs and NNPs:
\$20 for the 2-course program.

For Nurses:

The Perinatal Advisory Council – Leadership, Advocacy and Consultation (PAC/LAC) is an approved provider by the California Board of Registered Nursing Provider CEP 5862.

This course is approved for 2 contact hours of continuing education credit.

CANCELLATIONS/REFUNDS

• For Individual Subscribers:

- If you elect to take only one course, there will be no cancellations or refunds after you have started the course.
- If you elect to take more than one course and pay in advance, there will be no cancellations or refunds after payment has been made unless a written request is sent to sara@mynicunetwork.com and individually approved.

• For Institutional Subscribers:

- After we are in possession of a signed contract by an authorized agent of the hospital and the program fees have been paid, a 50% refund of the amount paid will be given if we are in receipt of a written request to cancel at least 14 (fourteen) days prior to the scheduled start date for your NICU's online program.
- Refunds will not be given for staff members who neglect to start the program. Also, no refunds for those who start the program, but do not complete both courses within the time frame allotted.