

# Telehealth in Postpartum Care



## telehealth

using technology to support the delivery of health care services, health-related education, public health, and health administration at a distance

## telemedicine

the practice of medicine using technology to deliver clinical care at a distance



phone



secure email



patient websites



at-home monitoring

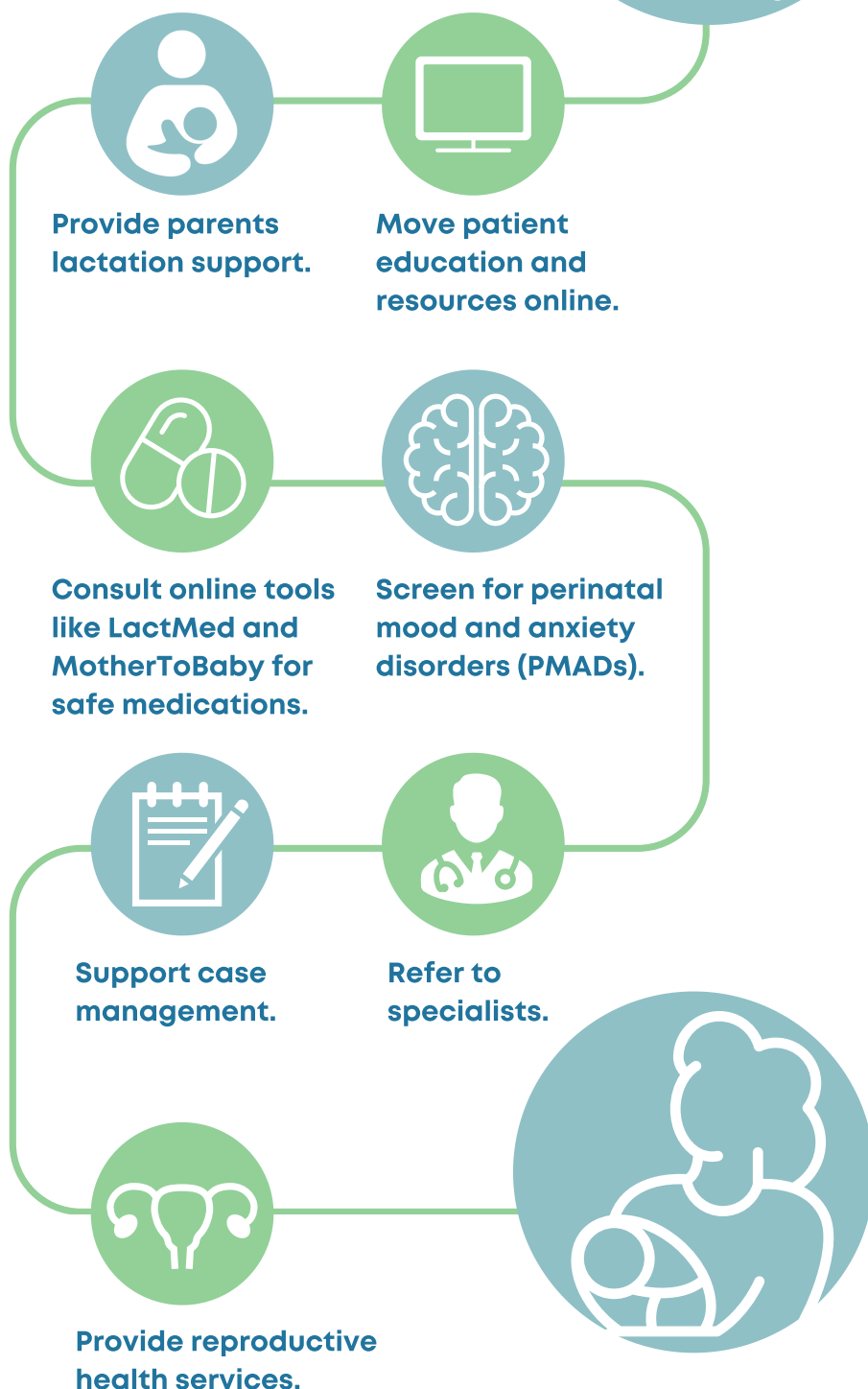


video chat



HIPAA

patient privacy



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My Perinatal Network and My NICU Network are products of a collaboration between National Perinatal Association (NPA) and NICU Parent Network (NPN).

[myperinatalnetwork.org](http://myperinatalnetwork.org)