Telehealth in Prenatal Care

telehealth
using technology to support the delivery of health care services, health-related education, public health, and health administration at a distance

telemedicine
the practice of medicine using technology to deliver clinical care at a distance

Move patient education and resources online.
Use a combination of office visits and telemedicine to deliver care.
Consult online tools like LactMed and MotherToBaby for safe medications.
Screen for perinatal mood and anxiety disorders. Connect families with resources.
Empower patients to create their birth plan.
Equip patients with emergency resources.
Partner with lactation support providers.

My Perinatal Network and My NICU Network are products of a collaboration between National Perinatal Association (NPA) and NICU Parent Network (NPN).

myperinatalnetwork.org