

COPING WITH COVID -19

BE TRANSPARENT
WITH PATIENTS
ABOUT WHAT TO
EXPECT AT
LABOR & DELIVERY.

Provide
culturally-
informed and
respectful care.

Our Coping with COVID-19 Program empowers maternity, NICU, and newborn providers with essential skills to support patients, families, and staff during this unprecedented time of heightened stresses.

Families should be informed about ways to keep their baby safe without being unduly restrictive.

HAVE REFERRAL
RESOURCES FOR
POSTPARTUM
DEPRESSION.

Give patients a voice and choice in care decisions through collaborative decision-making.



and




National Perinatal Association
NICU Parent Network

My Perinatal Network and My NICU Network
are products of a collaboration
between NPA and NPN.

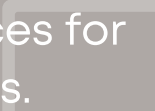
myperinatalnetwork.org

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ASK PATIENTS
WHAT IS
IMPORTANT
TO THEM.



Provide online
educational
resources for
patients.



Ensure patients are
connected with
follow-up resources
after giving birth,
especially for
breastfeeding.



Promote the
resilience of
your patients
and each
other at every
opportunity.

Collaborate with
patients to
create care
plans that reflect
their values and
preferences.



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