COPING WITH COVID-19

Our Coping with COVID-19 Program empowers maternity, NICU, and newborn providers with essential skills to support patients, families, and staff during this unprecedented time of heightened stresses.

BE TRANSPARENT WITH PATIENTS ABOUT WHAT TO EXPECT AT LABOR & DELIVERY.

Provide culturally-informed and respectful care.

Families should be informed about ways to keep their baby safe without being unduly restrictive.

Give patients a voice and choice in care decisions through collaborative decision-making.

HAVE REFERRAL RESOURCES FOR POSTPARTUM DEPRESSION.

National Perinatal Association
NICU Parent Network

My Perinatal Network and My NICU Network are products of a collaboration between NPA and NPN.

myperinatalnetwork.org
COPING WITH COVID-19

Ensure patients are connected with follow-up resources after giving birth, especially for breastfeeding.

Collaborate with patients to create care plans that reflect their values and preferences.

ASK PATIENTS WHAT IS IMPORTANT TO THEM.

Provide online educational resources for patients.

Promote the resilience of your patients and each other at every opportunity.

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